

اللَّهُمَّ اجْعَلْنِي مِنَ الْمُفْلِحِينَ

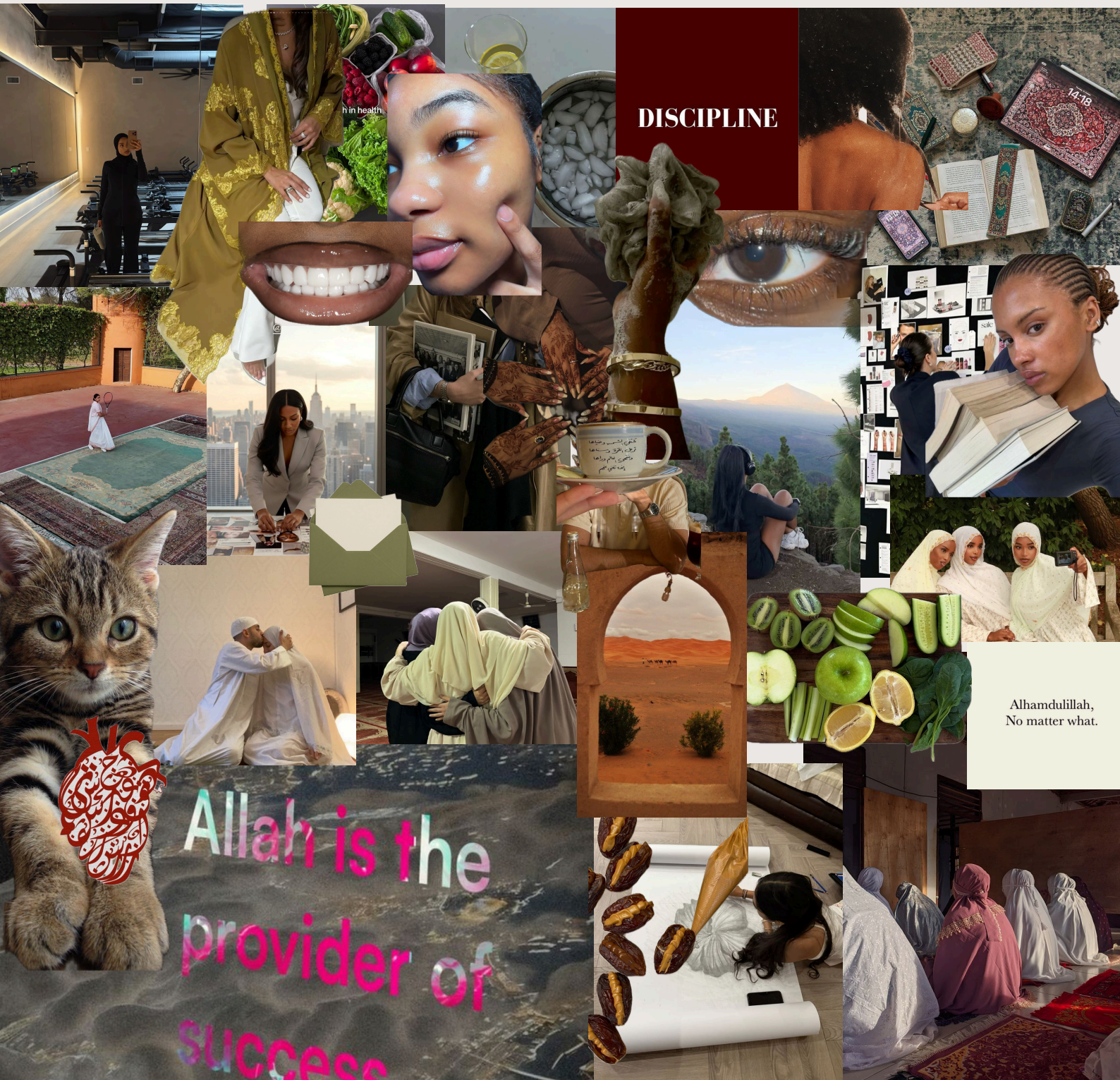
Allahumma Aj'lni minal-Mufliheen

O Allah, make me one of the succesful ones.

SHE'S GOT
Goals ✨

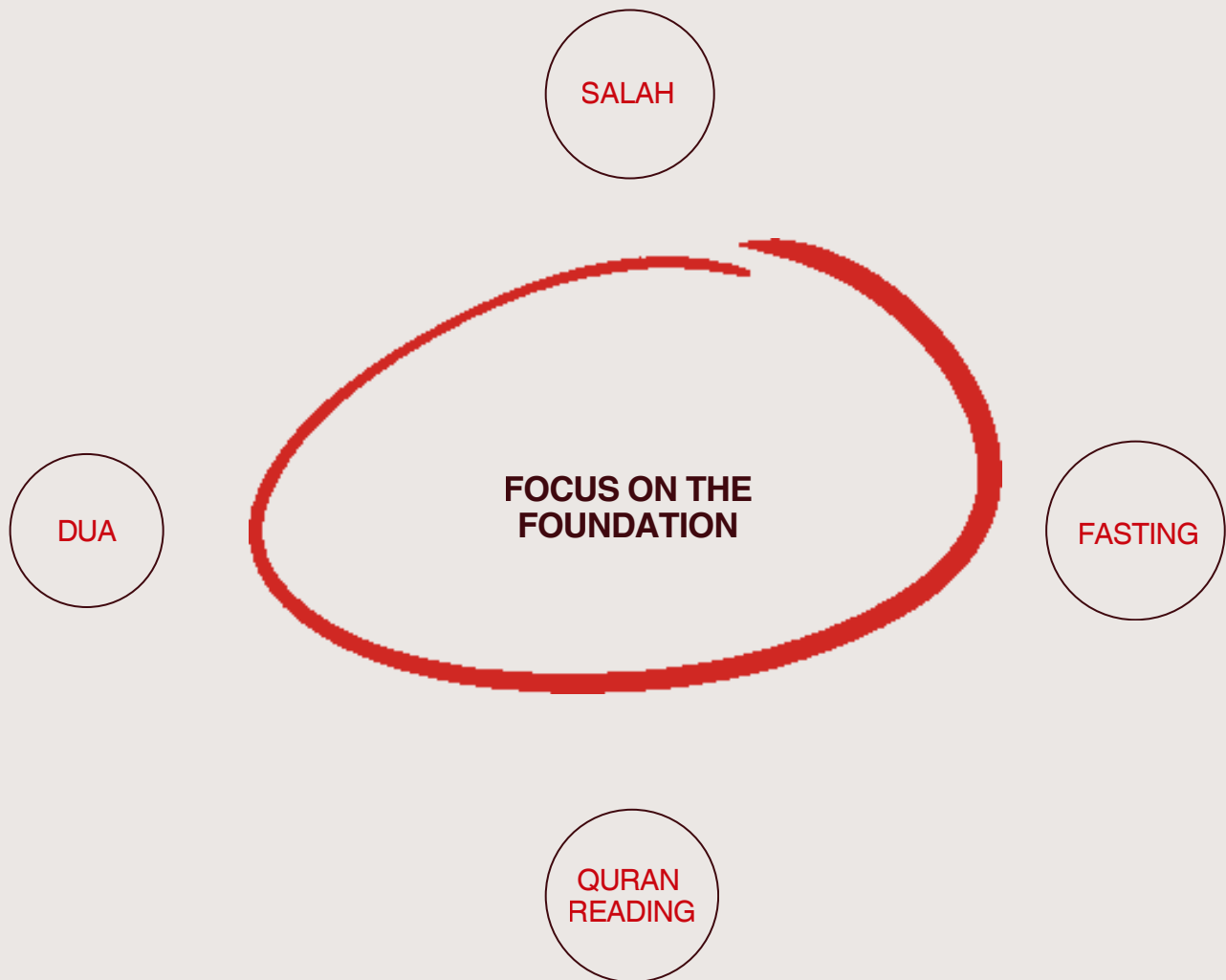
RAMADAN 2026

O Allah forgive me have mercy on me guide me, support me, protect me, provide for me and elevate me (ibn majah 3845)



THE *foundation*

These are the non-negotiable acts of worship. Pray your salah on time. Restrain from bad habits, food, water and everything that could break your fast. Read at least 10 min of Quran every day. Make dua until it is your reality.



وَإِذْ يَرْفَعُ إِبْرَاهِيمُ الْقَوَاعِدَ مِنَ الْبَيْتِ وَإِسْمَاعِيلُ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

**Wa iz yarfa'u Ibraaheemul qawaa'ida minal Baitiwa Ismaa'eelu Rabbanaa
taqabbal minnaa innaka Antas Samee'ul Aleem**

“And remember Abraham and Isma’il raised the foundations of the House
(With this prayer): “Our Lord! Accept (this service) from us: For Thou art the
All-Hearing, the All-knowing.

02/03



Ramadan



2026

The Prophet (saw) said: "Its beginning is mercy, its middle is forgiveness, and its ending is liberation from Hellfire."

Ibn Khuzaymah, al-Sahih



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		18	20	21	22	23
		mercy	mercy	mercy	mercy	mercy
24	25	26	27	28	1	2
mercy	mercy	mercy	mercy	mercy	forgiveness	forgiveness
3	4	5	6	7	8	9
forgiveness	forgiveness	forgiveness	forgiveness	forgiveness	forgiveness	forgiveness
10	11	12	13	14	15	16
forgiveness	liberation from Hellfire	liberation from Hellfire	liberation from Hellfire	liberation from Hellfire	liberation from Hellfire	liberation from Hellfire
17	18	19	EID			
liberation from Hellfire	liberation from Hellfire	liberation from Hellfire	liberation from Hellfire			

ACKNOWLEDGE YOUR ACHIEVEMENTS

*Make a timeline of good things that you have achieved
since last Ramadan*



PREPARE YOUR HEART *for dua*

Plan out our duas if you can't do all of it in one go. For example, do your duas for family, friends before Iftar. And others during Tahajjud.

Remember that it is from the Sunnah to repeat your du'a 3 times.

Make your dua in a moderate voice. Not too loud. Not too low.

Face the Qiblah and raise your hands.

Sincerely repent your sins, both major and minor, so that you are in a state of humility before you begin and also because sin is one of the reasons why du'as are not answered.

Call upon Allah (SWT) using His beautiful Names and Attributes at the beginning of the du'a.

Praise Allah (SWT)

Begin and end your du'a by sending Salam on the Prophet Muhammad (SAWS).

Make du'a for your friends and Ummah. The angels will make the same du'a for you. It is an absolute win-win situation.

When Allah mentions du'a in Qur'an, He establishes a direct connection with you. Usually, Allah commands the Prophet Muhammad (SAWS) to "tell it" to the people. But when it comes to the verses about du'a "qul" is removed. This conveys pure Tawheed. Du'a makes a "direct" connection between you and Allah, no messenger, no wali is between you and Allah. Subhan'Allah, take a moment and visualize a pure direct connection that is established between you and Allah whenever you start making du'a.

Du'a is more likely to be answered in Sujood, before Tasleem in Fard Salah, between Adhan and Iqama, before breaking fast, 1/3rd end of the night also known as Tahajjud or Qiyaam ul Layl, when it rains, when a rooster crows (for it has seen an angel), the time between Asr to Maghrib on Jumu'ah, to name a few. Learn to combine these.

Know that Allah is shy and will not return a servant empty-handed. Salman al-Farsi (RA) narrated that the Prophet (SAWS) said: "Indeed, Allah, is Hayy, Generous, when a man raises his hands to Him, He feels too shy to return them to him empty and rejected." [Tirmidhi]

Make du'a with sincerity & humility. You must ensure that your heart/Qalb submits totally, sincerely and wholeheartedly to Allah. Allah does not listen to an absent heart. Humble yourself before Allah whilst making du'a, confess your sins.

Make du'a with Yaqeen and certainty. Make sure you put your faith in the du'a and be positive that Allah will answer it. Have Tawakkul that this is going to happen! Don't say I don't know if this is going to work. Be firm and don't be hesitant that Allah will not answer you.

Allah gets angry when you do not ask him or make du'a to Him. "Whoever does not call upon Allah, He will be angry with him." – Prophet Muhammad (Sunan Ibn Majah)

Du'a is your weapon against everything and everyone.

Only du'a has the power to change Qadr/Destiny. Make du'a that if there are hardships written in your Qadr that Allah replaces them with blessings instead.

Be Patient. Do not be in a haste. Keep negative thoughts concerning your du'a and Allah at bay. Erase them totally if possible. "(The du'aa) of any one of you will be answered so long as he is not hasty in seeking a response and does not say, 'I prayed but I have not had a response.'" – Prophet Muhammad (Sahih Al Bukhari & Sahih Muslim).

Make sure that when you make du'a, you are focused and it is with complete sincerity. This is the most important condition, don't read off the list like a robot (the only outcome of this will be a loss of your time and wasted effort/energy). Engage your heart and truly mean the words you read.

If Allah granted the du'a of Shaytan do you think he will not grant your du'a?



Dua

Be the woman you would look up to

Just like a to-do list brings clarity to a busy mind, helping you complete one task at a time instead of drowning in them all, a dua list brings intention and direction to your heart

NOTHING
CHANGES
IF
NOTHING
CHANGES



Ya Allah, let this Ramadan change me in the best way.

HOUSE OF SOLENE